



RSU #74 BREAKFAST MENU

APRIL 2019



	Mon	Tue	Wed	Thu	Fri
All Menus Subject To Change Without Notice	<i>1</i> WG Cereal-1 oz WW Toast w/Jelly-1 slice Fruit & Juice Variety-1 cup Milk-1 cup	<i>2</i> Warmed Bagel-2 oz Cream Cheese-1 TBSP Fruit & Juice Variety-1 cup Milk-1 cup	<i>3</i> Egg Patty & Cheese-2 oz Wrap-1 Fruit & Juice Variety-1 cup Milk-1 cup	<i>4</i> Hot Oatmeal-3/4 c Cranberries /Strawberries-1/4 c WW Cinnamon Toast-1 slice Fruit & Juice Variety-1 cup Milk-1 cu p	<i>5</i> <u>YOGURT BAR</u> Yogurt Parfait-1/2 cup Granola- 1/8 cup Graham Crackers-2 pkgs Fruit & Juice Variety-1 cup Milk-1 cup
BREAKFAST PRICES <i>All Students—FREE</i> <i>Adults \$1.00</i> LUNCH PRICES <i>All Students—FREE</i> <i>Adults \$4.50</i>	<i>8</i> WG Cereal-1 oz WW Toast w/Jelly-1 slice Fruit & Juice Variety-1 cup Milk-1 cup	<i>9</i> WW Pancakes-2 Fruit & Juice Variety-1 cup Milk-1 cup	<i>10</i> WG Muffin-- 2 oz Scrambled Eggs & Cheese- 1/2 cup Fruit & Juice Variety-1 cup Milk-1 cup	<i>11</i> Benefit Bar-1 Fruit & Juice Variety-1 cup Milk-1 cup	<i>12</i> <u>Early Dismissal</u> <u>YOGURT BAR</u> Yogurt Parfait-1/2 cup Granola- 1/8 cup Graham Crackers-2 pkgs Fruit & Juice Variety-1 cup Milk-1 cup
<h1 style="font-family: cursive;">SCHOOL VACATION WEEK! ENJOY!</h1> <p>A Reminder that a SUMMER MEALS PROGRAM will be available at Multiple Sites again this Summer. More Info to Come!</p>					
All milk offered free with a meal is a No Fat or Low Fat Variety. Snack or cold lunch milk price is 30 cents.	<i>22</i> WG Cereal-1 oz WW Toast w/Jelly-1 slice Fruit & Juice Variety-1 cup Milk-1 cup	<i>23</i> Warmed Bagel-2 oz Cream Cheese-1 TBSP Fruit & Juice Variety-1 cup Milk-1 cup	<i>24</i> Egg Patty & Cheese-2 oz Wrap-1 Fruit & Juice Variety-1 cup Milk-1 cup	<i>25</i> Hot Oatmeal-3/4 c Cranberries /Strawberries-1/4 c WW Cinnamon Toast-1 slice Fruit & Juice Variety-1 cup Milk-1 cu p	<i>26</i> <u>YOGURT BAR</u> Yogurt Parfait-1/2 cup Granola- 1/8 cup Graham Crackers-2 pkgs Fruit & Juice Variety-1 cup Milk-1 cup
The USDA and this institution are equal opportunity employers & providers.	<i>29</i> WG Cereal-1 oz WW Toast w/Jelly-1 slice Fruit & Juice Variety-1 cup Milk-1 cup	<i>30</i> Breakfast Pizza-1 slice Fruit & Juice Variety-1 cup Milk-1 cup	<i>1</i> Breakfast Cookie-1 Peanut butter-1 TBSP Fruit & Juice Variety-1 cup Milk-1 cup	<i>2</i> Pancake & Sausage on a Stick-1 Fruit & Juice Variety-1 cup Milk-1 cup	<i>3</i> <u>YOGURT BAR</u> Yogurt Parfait-1/2 cup Granola- 1/8 cup Graham Crackers-2 pkgs Fruit & Juice Variety-1 cup Milk-1 cup