



RSU #74 LUNCH MENU

APRIL 2018



	Mon	Tue	Wed	Thu	Fri
All Menus Subject To Change Without Notice	2 Turkey Taco w/Vegs Seasoned Fried Rice Refried Beans, Corn *Fruit Medley-Pears	3 Baked Chicken Roasted Potatoes w/Peppers & Onions Dinner Roll, Glazed Carrots Melon Wedge	4 Sweet & Sour Pork Over Noodles Cheese Stick, Breadstick Green Peas & *Mandarin Oranges	5 Crispy Fish Sticks Swt Potato Fries Steamed Broccoli School made Yeast Roll Strawberry Cup	6 School made Cheese or Big Mac Pizza Tiny Pretzels Tossed Salad w/Romaine Craisins, Fruit Crisp
All milk offered free with a meal is a No Fat or Low Fat Variety. Snack or cold lunch milk price is 30 cents.	9 WW Pancakes w/Warm Blueberry Topping Sausage Patty Swt Potato Bites *Cinnamon Applesauce	10 Chicken Broccoli Cheddar Bake, with Cheese Stick WG Biscuit *Green Beans *Pineapple Tidbits	11 Roast Pork Dinner Mashed Potato & Gravy Fruit Salad Warm Dinner Roll Green Peas Petite Banana	12 Pasta with Meat Sauce *Three Bean Salad Sweet Corn Warm WG Yeast Roll *Diced Peaches	13 School made Cheese or Pepperoni Pizza Tortilla Chips Spinach Salad Fresh North Star Apple Brownie
The USDA and this institution are equal opportunity employers & providers.	<h1 style="font-family: cursive;">SCHOOL VACATION WEEK! ENJOY!</h1> <p>A Reminder that a SUMMER MEALS PROGRAM will be available at Multiple Sites again this Summer. More Info to Come!</p>				
BREAKFAST PRICES <i>All Students—FREE</i> <i>Adults \$1.00</i> LUNCH PRICES <i>All Students—FREE</i> <i>Adults \$4.50</i>	23 Hamburger on Bun Cup of BBQ Baked Beans *Green Beans *Fruit Medley-Pears	24 Chicken Alfredo with a Twist Steamed Broccoli Garlic Breadstick Melon Cubes Blueberry Cake	25 Teriyaki Pork Sandwich Roasted Diced Potatoes Whole Kernel Corn Strawberries & Topping	26 <u>Breakfast for Lunch</u> Scrambled Eggs & Cheese Crispy Bacon, WG Muffin Cherry Tomatoes Juicy Orange	27 Franks in WG Bun Cheese Stick Pasta Salad, Pretzels *Celery Sticks Trail Mix
* indicates a fruit or vegetable offering that gets you a square on the March Pick a Better Snack BINGO Game	30 Meatball Sub w/Cheese Oven Baked Fries Green Peas *Mandarin Oranges	1 Chicken Tomato Bake Cottage Cheese Warm WG Biscuit Garlic Green Beans Fresh Banana	2 Turkey Burger on Bun Cup of NE Style Baked Beans Coleslaw *Diced Peaches	3 Tuna Italians Cup of Homemade Soup *Pickled Beets Snappy Grapes	4 School made Cheese or Mexican Chicken Pizza Frito Corn Chips Tossed Salad w/Romaine Fresh North Star Apple

Alternate Choice Sandwich Menu: Monday-PB & Jelly Tuesday-Tuna Salad Wednesday-Turkey Roast or Chicken Salad Thursday-Pork Roast or Ham Salad
 Friday-Various Selections