




RSU #74 LUNCH MENU

DECEMBER 2017



	Mon	Tue	Wed	Thu	Fri
All Menus Subject To Change Without Notice	<i>The USDA and this institution are equal opportunity employers & providers.</i>				1 School made Big Mac Pizza Goldfish *Tossed Salad w/Romaine NorthStar Orchard Apple
<i>* indicates a fruit or vegetable offering that gets you a square on the November Pick a Better Snack BINGO Game Card</i>	4 Tomato Soup Toasted Tuna Melt Green Beans *Applesauce	5 Chicken Broccoli Cheddar Bake Diced Beets, Cheese Stick Dinner Roll *Petite Banana	6 Build Your Own Burger Bar Cup of Baked Beans *Diced Carrots Trail Mix	7 Pork Roast & Gravy Creamy Mashed Potato *Sweet Corn Schoolmade Oatmeal Roll *Fresh Kiwi	8 Krispy Chicken Nuggets Oven Baked Fries WG Breadstick *Spinach Salad *Mandarin Oranges Blueberry Cake
All milk offered free with a meal is a No Fat or Low Fat Variety. Snack or cold lunch milk price is 30 cents.	11 Turkey Tacos w/Veggies Rice Pilaf *Steamed Broccoli *Pineapple Tidbits	12 Pork Pot Pie & Gravy Mashed Potato Green Peas WG Biscuit Melon Cubes	13 <u>The Colors of Christmas</u> Pasta with Meat Sauce *Cauliflower School made Roll Green Grapes	14 NE Style Baked Beans Frank in WG Roll Creamy Coleslaw *Mixed Fruit-Pears	15 School made Buffalo Chicken & Veggie Pizza Tiny Pretzels *Tossed Salad w/Romaine NorthStar Orchard Apple Fruit Crisp & Topping
BREAKFAST PRICES <i>All Students—FREE</i> <i>Adults \$1.00</i> LUNCH PRICES <i>All Students—FREE</i> <i>Adults \$4.50</i>	18 Santa Pancakes Sausage Patty *Swt Potato Bites Craisins	19 Vegetable Beef Soup Toasted Cheese *Broccoli Florets *Fresh Banana	20 <u>Christmas Dinner</u> Turkey & Gravy Mashed Potatoes, Stuffing Breadstick, *Sweet Corn School made Cranberry Sauce *Applesauce, Peanut Butter Cup	21 Workshop Day NO SCHOOL	
****PLEASE NOTE CHANGES IN DAILY SANDWICH OFFERINGS****	CHRISTMAS VACATION No School ~ December 21 - January 1				

Alternate Choice Sandwich Menu: Monday-PB & Jelly Tuesday-Tuna Salad Wednesday-Turkey Roast or Chicken Salad Thursday-Pork Roast or Ham Salad
 Friday-Variou Selections