



RSU #74 BREAKFAST MENU

JUNE 2019



	Mon	Tue	Wed	Thu	Fri
All Menus Subject To Change Without Notice	3 WG Cereal-1 oz WW Toast w/Jelly-1 slice Fruit & Juice Variety-1 cup Milk-1 cup	4 Scrambled Eggs & Cheese-1/2 cup Warmed Bagel-2 oz Cream Cheese-1 TBSP Fruit & Juice Variety-1 cup Milk-1 cup	5 Breakfast Cookie-1 Peanut butter-1 TBSP Fruit & Juice Variety-1 cup Milk-1 cup	6 Hot Oatmeal-3/4 c Cranberries-1/4 c WW Cinnamon Toast-1 slice Fruit & Juice Variety-1 cup Milk-1 cu p	7 <u>YOGURT BAR</u> Yogurt Parfait-1/2 cup Granola- 1/8 cup Graham Crackers-2 pkgs Fruit & Juice Variety-1 cup Milk-1 cup
BREAKFAST PRICES <i>All Students—FREE</i> <i>Adults \$1.00</i> LUNCH PRICES <i>All Students—FREE</i> <i>Adults \$4.50</i>	10 WG Cereal-1 oz WW Toast w/Jelly-1 slice Fruit & Juice Variety-1 cup Milk-1 cup	11 Egg Patty & Cheese-2 oz on Wrap-1 Fruit & Juice Variety-1 cup Milk-1 cup	12 WG Cinnamon Roll- 1(2oz) Fruit & Juice Variety-1 cup Milk-1 cup	13 Pancake & Sausage on a Stick-1 Fruit & Juice Variety-1 cup Milk-1 cup	14 <u>YOGURT BAR</u> Yogurt Parfait-1/2 cup Granola- 1/8 cup Graham Crackers-2 pkgs Fruit & Juice Variety-1 cup Milk-1 cup
All milk offered free with a meal is a No Fat or Low Fat Variety. Snack or cold lunch milk price is 30 cents.	17 WG Cereal-1 oz WW Toast w/Jelly-1 slice Fruit & Juice Variety-1 cup Milk-1 cup	18 <i>Early Dismissal</i> Benefit Bar-1 (2oz) Fruit & Juice Variety-1 cup Milk-1 cup	<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border-left: 2px dashed orange; border-right: 2px dashed orange; padding: 5px;"> <p style="font-size: 1.2em; margin: 0;">FREE SUMMER MEALS FOR KIDS & TEENS</p> <p style="margin: 5px 0;">We will again be offering a Summer Food Service Program for all children 18 years of age and under.</p> <p style="margin: 5px 0;">STOP BY, BRING A FRIEND!</p> <p style="margin: 5px 0;">ALL ARE WELCOME!!</p> <p style="margin: 5px 0;">Locations, dates & times are listed on the back side of this menu. Other locations will be posted as requests are received.</p> <p style="margin: 5px 0;">Please contact your Food Service Dept. at 635-2727 x5 for more information.</p> </div> </div>		
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Enjoy Your Summer Vacation !					