



# RSU #74 LUNCH MENU

## MARCH 2018



	Mon	Tue	Wed	Thu	Fri
<b>All Menus Subject To Change Without Notice</b>	<i>The USDA and this institution are equal opportunity employers &amp; providers.</i>				
<b>All milk offered free with a meal is a No Fat or Low Fat Variety. Snack or cold lunch milk price is 30 cents.</b>	5 Turkey Taco w/Vegs Steamed Brown Rice Refried Beans, *Green Peas *Applesauce	6 Pigs in a Blanket BBQ Baked Beans Oven Baked Fries *Pickled Beets Snappy Red Grapes	7 Roast Pork Dinner Mashed Potato & Gravy Warm WG Yeast Roll Winter Squash, Cranberry Sauce, *Diced Peaches	8 <i>Filet O Fish w/Cheese</i> Swt Potato Fries Celery Sticks & Dip *Melon Cubes	9 School made Cheese or BBQ Chicken Pizza Tiny Pretzels *Tossed Salad w/Romaine Craisins, *Apple Crisp
<b>BREAKFAST PRICES</b> <i>All Students—FREE</i> <i>Adults \$1.00</i> <b>LUNCH PRICES</b> <i>All Students—FREE</i> <i>Adults \$4.50</i>	12 Chicken Fajita in WG Wrap Stir Fried Rice Medley *Sweet Corn *Fruit Cocktail-Peaches	13 Baked Beans Franks in WG Roll School Made Coleslaw *Pineapple Tidbits	14 Beef Shepard's Pie *Steamed String Beans School made Yeast Roll *Petite Banana	15 <i>"Tuna Pea Wiggle"</i> Cheese Stick WG Biscuit *Steamed Broccoli *Strawberry Cup	16 <i>BBQ Pulled Pork on Bun</i> Potato Salad Carrot Sticks Fresh NorthStar Apple Jello
	19 <i>"Chucks &amp; Pucks"</i> <i>Chicken Nuggets and Hash Brown Rounds</i> Cup of Baked Beans *Green Giant Peas, Cheesy Breadstick., *Diced Pears	20 Homemade Meat Loaf Scalloped Potatoes *Steamed Glazed Carrots Warm Dinner Roll Perfect Peach	21 Creamy Mac & Cheese Diced Ham *Steamed Broccoli School made Oatmeal Roll *Orange Smiles	22 <b>Early Dismissal</b> Tuna Italians Veggie Sticks Tiny Pretzels Raisins	23  ~ NO SCHOOL ~  <i>Workshop Day</i>
<b>* indicates a fruit or vegetable offering that gets you a square on the March Pick a Better Snack BINGO Game</b>	26 Cheeseburger on Bun Cup of Baked Beans *Peas & Carrot Blend *Diced Peaches	27 Pork Stir Fry w/ Veggie Fried Rice *Cauliflower Floret WG Fortune Cookie Snappy Green Grapes	28 American Chop Suey School made Roll Garlic *Green Beans *Petite Banana	29 Roast Turkey with Gravy Mashed Potatoes, Stuffing Dinner Roll, *Sweet Corn School made Cranberry Sauce White Cake w/*Strawberries	30 School made Veggie Pizza Tortilla Chips & Salsa *Tossed Salad w/Romaine NorthStar Orchard Apple

Alternate Choice Sandwich Menu: Monday-PB & Jelly Tuesday-Tuna Salad Wednesday-Turkey Roast or Chicken Salad Thursday-Pork Roast or Ham Salad Friday-Various Selections