




RSU #74 LUNCH MENU

MAY 2019

SCHOOL LUNCH HERO DAY IS
MAY 3

Don't forget to say THANK YOU
to your LUNCH LADIES !

	Mon	Tue	Wed	Thu	Fri
All Menus Subject To Change Without Notice			<i>1 Breakfast for Lunch</i> Scrambled Eggs & Cheese on Croissant w/Diced Ham Grape Tomatoes Petite Banana	2 Chicken Divan w/Broccoli Cheese Stick School made Yeast Roll Glazed Carrots Snappy Red Grapes	3 School made Big Mac or Veggie Pizza Tortilla Chips & Salsa Tossed Salad w/Romaine Craisins
<i>BREAKFAST PRICES</i> All Students—FREE Adults \$1.00 <i>LUNCH PRICES</i> All Students—FREE Adults \$4.50	6 Chicken & Gravy Mashed Potato WG Dinner Roll Mixed Vegetables Applesauce	7 Crispy Fish Sticks Cheese Stick WG Breadstick Three Bean Salad Melon Wedge	8 Meatball & Cheese Sub Cup of BBQ Baked Beans Green Peas & Pickle Diced Peaches	9 Pork Stir Fry on Fluffy WG Rice Egg Roll Steamed Broccoli Fresh Orange	10 Turkey Burger on Bun Pasta Salad Grape Tomatoes Trail Mix
All milk offered free with a meal is a No Fat or Low Fat Variety. Snack or cold lunch milk price is 30 cents.	13 WW Pancakes w/Warm Apple Topping Sausage Patty Swt Potato Tots Strawberries	14 Chicken Parmesan over Spaghetti Cheese Cubes Garlic Breadstick Sweet Corn, Craisins	<i>15 Early Dismissal</i> Tuna Italians Celery Sticks Tiny Pretzels Petite Banana	16 Baked Beans Franks in Roll Creamy Coleslaw Pineapple Tidbits Applesauce Cake	17 School made Cheese or Mexican Chicken Pizza Frito Corn Chips Tossed Salad w/Romaine Fresh North Star Apple
The USDA and this institution are equal opportunity employers & providers.	20 Hamburger on Bun Cup of BBQ Baked Beans Green Peas Mixed Fruit Cocktail	21 Ham Potato Scallop Cheese Cubes Warm Biscuit Glazed Carrots Snappy Grapes	22 Chicken Bacon Wrap w/ Romaine & Vegs. Oven Fries Pickled Beets Orange Smiles	23 Ground Beef Stroganoff with Egg Noodles Warm Yeast Roll Tender Brussel Sprouts Diced Pears	24 Sweet Baby Ray's BBQ Pork Open Faced Sandwich Tossed Salad w/Spinach Baked Potato Chips Watermelon Wedge, Jello
	27 Memorial Day Holiday No School 	28 Chicken Taco Salad w/ Veggies & Black Beans Crunchy Tortilla Chips Corn & Salsa Pineapple Chunks	29 Pasta with Meat Sauce Cheese Stick Spinach Salad WG Breadstick Mandarin Oranges	30 Pigs in a Blanket Baked Beans Coleslaw Petite Banana	31 School made Cheese or BBQ Chicken Pizza Pretzel Stick Carrot Sticks, Local Apple Blonde Brownie

ALTERNATE CHOICE PROVIDED EACH DAY

Monday-PB & Jelly *Tuesday*-Tuna Salad *Wednesday*- Chicken Salad *Thursday*-Pork Roast or Ham Salad *Friday*-Various Selections