




# RSU #74 LUNCH MENU

## MAY 2018



SCHOOL LUNCH HERO DAY IS  
MAY 4  
Don't forget to say THANK YOU  
to your LUNCH LADIES !

	Mon	Tue	Wed	Thu	Fri
<b>All Menus Subject To Change Without Notice</b>		1 Chicken Tomato Bake Cottage Cheese Warm WG Biscuit *Garlic Green Beans Fresh Banana	2 Turkey Burger on Bun Cup of NE Style Baked Beans Coleslaw	3 Tuna Italians Carrot Sticks & Ranch *Pickled Beets Snappy Grapes	4 School made Cheese or Mexican Chicken Pizza Frito Corn Chips Tossed Salad w/Romaine Fresh North Star Apple
<b>All milk offered free with a meal is a No Fat or Low Fat Variety. Snack or cold lunch milk price is 30 cents.</b>	7 WW Pancakes w/Warm Blueberry Topping Sausage Patty Swt Potato Bites* Cinnamon Applesauce	8 Chicken Fajitas Spanish Rice *Sweet Corn Fruit Medley-Pears	9 Pasta with Meat Sauce Cheese Stick, *Green Beans Warm WG Yeast Roll Craisins	10 Pigs in a Blanket Baked Beans Carrot Sticks Tangerine	11 School made Ham & Veggie Pizza Tortilla Chips & Salsa Tossed Salad w/Romaine *Strawberry Cup Blonde Brownie
<b>The USDA and this institution are equal opportunity employers &amp; providers.</b>	14 Crispy Fish Sticks Cheesey Breadstick *Swt Potato Fries *Three Bean Salad Diced Peaches	15 Chicken Divan Cheese Stick WG Biscuit Steamed Broccoli* Melon Wedge	16 Turkey Taco w/Vegs Steamed Brown Rice Refried Beans, Corn* Mandarin Oranges	17 Roast Pork Dinner Mashed Potato & Gravy School made Oatmeal Roll Glazed Carrots* *Strawberries & Cream	18 School made Cheese or BBQ Chicken Pizza Tortilla Chips *Spinach Salad Raisins , *Blueberry Crisp
<b>BREAKFAST PRICES</b> <i>All Students—FREE</i> <i>Adults \$1.00</i> <b>LUNCH PRICES</b> <i>All Students—FREE</i> <i>Adults \$4.50</i>	21 Chicken Burger on Bun *Black Bean & Corn Salad Oven Baked Fries* Fruit Medley-Pears	22 Ground Beef Stroganoff with Egg Noodles Warm Dinner Roll Tossed Salad w/Spinach* Red Grapes	23 Baked Beans & Franks School made Yeast Roll Creamy Coleslaw Pineapple Tidbits	24 Tuna & Veggie Wrap Potato Salad Frito Corn Chips Cherry Tomatoes Petite Banana	25 Sweet Baby Ray's BBQ Pork Open Faced Sandwich Scoop of Mac & Cheese Tender Brussel Sprouts* NorthStar Orchard Apple
<b>* indicates a fruit or vegetable offering that gets you a square on the March Pick a Better Snack BINGO Game</b>	28 <b>Memorial Day Holiday No School</b> 	29 Meatball & Cheese Sub Cup of BBQ Baked Beans *Green Peas & Pickle Diced Peaches	30 Pork Stir Fry on Fluffy Rice Egg Roll *Steamed Broccoli Fresh Orange	31 Chicken & Gravy Mashed Potato WG Yeast Roll Steamed Carrots* Watermelon Cubes	1 Taco Salad w/Veggies & Black Beans Crunchy Tortilla Chips With *Salsa Cup Craisins, Jello

**Alternate Choice Sandwich Menu:** *Monday*-PB & Jelly *Tuesday*-Tuna Salad *Wednesday*-Turkey Roast or Chicken Salad *Thursday*-Pork Roast or Ham Salad  
*Friday*-Various Selections