




# RSU #74 LUNCH MENU

## OCTOBER 2018



	Mon	Tue	Wed	Thu	Fri
<b>All Menus Subject To Change Without Notice</b>	<b>1</b> Cheeseburger on Bun Cup of Baked Beans Glazed Carrots Applesauce	<b>2</b> Chicken Divan Cheese Stick, WG Biscuit Tossed Salad w/Romaine Fresh Grapes	<b>3</b> Pork & Gravy Creamy Mashed Potato Warm Oatmeal Roll Sweet Corn Mixed Fruit-Pears	<b>4</b> Crispy Fish Sticks SMILE DAY FRIES WW Breadstick Green Beans, Craisins Fruit Crisp	<b>5</b> ~ NO SCHOOL ~  <i>Workshop Day</i>
<b>All milk offered free with a meal is a N Fat or Low Fat Variety. Snack or cold lunch milk price is 30 cents.</b>	<b>8</b>  <i>Columbus Day Holiday</i>  <b>NO SCHOOL</b>	<b>9</b> Baked Beans Franks in WG Roll Creamy Coleslaw Pineapple Tidbits	<b>10</b> Shepherd's Pie School made Roll Green Peas Fresh Nectarine	<b>11</b> Chicken & Gravy Veggie Rice WG Biscuit Steamed Carrots Strawberries & Yogurt	<b>12</b> School made Buffalo Chicken & Veggie Pizza Tiny Pretzels Tossed Salad w/Romaine NorthStar Orchard Apple Brownie
<b>The USDA and this institution are equal opportunity employers &amp; providers.</b>	<b>15</b> Krispy Chicken Nuggets Swt Potato Fries WG Breadstick Green Beans Mandarin Oranges	<b>16</b> Mac & Cheese Diced Ham Warm Dinner Roll Spinach Salad Melon Cubes	<b>17</b> <i>Early Dismissal</i>  Egg Salad Roll Goldfish Pretzels Carrot Sticks Petite Banana	<b>18</b> Pork Pot Pie & Gravy Mashed Potato Corn WG Biscuit Applesauce	<b>19</b> Big Mac Burger Bar Cup of Baked Beans Grape Tomatoes Craisins Jello
<b>BREAKFAST PRICES</b> <i>All Students—FREE</i> <i>Adults \$1.00</i> <b>LUNCH PRICES</b> <i>All Students—FREE</i> <i>Adults \$4.50</i>	<b>22</b> Turkey Taco w/Vegs Steamed Brown Rice Black Beans & Corn Pineapple Wheel	<b>23</b> Cooks Homemade Soup Roast Pork Open Face Sandwich on Biscuit Celery Sticks Raisins	<b>24</b> Ground Beef Stroganoff with Egg Noodles Winter Squash WG Oatmeal Roll Diced Peaches	<b>25</b> Chicken Taco Pie Cup of Baked Beans Pickled Beets Tangy Kiwi	<b>26</b> School made Mexican Taco & Veggie Pizza Tortilla Chips & Salsa Tossed Salad w/Romaine NorthStar Orchard Apple Blueberry Cake
	<b>29</b> WW Pancakes w/ Strawberries Sausage Patty Swt Potato Bites Cinnamon Applesauce	<b>30</b> Homemade Meat Loaf Mashed Potato & Gravy Steamed Broccoli Warm Yeast Roll Mandarin Oranges	<b>31</b> Turkey Italians Pasta Salad, Pickle Green Peas Banana 	<b>1</b> Baked Ham w/warm Cranberry sauce Spanish Rice Green Beans Breadstick & Grapes	<b>2</b> Turkey Burger on Bun Cup of BBQ Beans French Fries Creamy Coleslaw Strawberry Cup

**ALTERNATE CHOICE PROVIDED EACH DAY**

*Monday*-PB & Jelly    *Tuesday*-Tuna Salad    *Wednesday*- Chicken Salad    *Thursday*-Pork Roast or Ham Salad    *Friday*-Various Selections