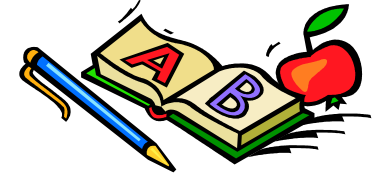




# RSU #74 LUNCH MENU

## SEPTEMBER 2017



	Mon	Tue	Wed	Thu	Fri
<b>All Menus Subject To Change Without Notice</b>	<b>BREAKFAST PRICES</b> <i>All Students—FREE</i> <i>Adults \$1.00</i> <b>LUNCH PRICES</b> <i>All Students—FREE</i> <i>Adults \$4.50</i>		<i>30</i>  Ham Italians Carrot Sticks, Pretzels Fresh Banana	<i>31</i> Turkey Taco Salad w/Vegs & Black Beans Crisp Corn Tortilla Chips & Salsa Craisins	<i>1</i> Frank w/ WG Roll Pasta Salad Cucumber Sticks Watermelon Wedge Pudding w/topping
<b>All milk offered free with a meal is a No Fat or Low Fat Variety. Snack or cold lunch milk price is 30 cents.</b>	<i>4</i>  <b>LABOR DAY HOLIDAY</b>  <i>NO SCHOOL</i>	<i>5</i>  Chicken Burger on Bun Spanish Rice Green Peas Trail Mix	<i>6</i> Baked Ham w/Cranberry Glaze, Seasoned Creamy Potato, Green Beans WW Roll Diced Peaches	<i>7</i>  Meatball Sub on Roll Cup of Baked Beans Carrot Sticks Orange Smiles	<i>8</i>  School made Pizza Tossed Salad w/Romaine Pretzel Stick NorthStar Orchard Apple
	<i>11</i>  Pulled Pork & Gravy Over Steamed WG Rice Sweet Corn, Biscuit Applesauce	<i>12</i>  Tuna Salad on WG Wrap w/ Cheese & Veggies 3 Bean Salad Broccoli Florets & Dip Snappy Grapes	<i>13</i>  Spaghetti & Meatballs WW Breadstick Green Beans Petite Banana	<i>14</i>  Ham Tetrazzini Steamed Carrots Warm WW Roll Diced Pears	<i>15</i>  Turkey Burger on Bun Cup of Baked Beans Tossed Salad w/Spinach Raisins, Fruit Pop
	<i>18</i>  Hamburger on Bun Oven Baked Fries Pickled Beets Fruit Medley-Peaches	<i>19</i>  Mac & Cheese Diced Ham WW Biscuit Steamed Broccoli Tangy Kiwi	<i>20</i>  Frank w/ WG Roll NE Baked Beans Schoolmade Coleslaw Melon Wedge	<i>21</i>  Chicken Stir Fry Fluffy Brown Rice Breadstick Sweet Corn Mandarin Oranges	<i>22</i> BBQ Pork Rib on WG Bun w/ Lettuce & Tomato Potato Salad Cucumber Sticks Craisins Jello w/Topping
<b>The USDA and this institution are equal opportunity employers &amp; providers.</b>	<i>25</i>  Taco Boat Garlic Breadstick Diced Carrots & Pears	<i>26</i>  Pizzaburger on WW Bun Goldfish Pretzels Green Beans Banana	<i>27</i>  Pigs in a Blanket BBQ Baked Beans Green Peas Purple Plum	<i>28</i> Roast Pork & Gravy Mashed Potato & Squash Warm Roll Schoolmade Cranberry Sauce Diced Peaches	<i>29</i>  School made Pizza Tossed Salad w/Romaine Pretzel Stick NorthStar Orchard Apple

ALTERNATE CHOICE PROVIDED EACH DAY

Alternate Choice Sandwich Menu: Monday-PB & Jelly Tuesday-Tuna Wednesday-Turkey Thursday-Ham Friday-Variou Selections